

# Budget Travels in Sri Lanka

Tour price starting from

**US \$ 50**

for 2 persons BB



Developed by  
**Sri Lanka Eco Tours**  
in association with  
**Sri Lanka Ecotourism Foundation  
(SLEF)**

(Sri Lanka Eco Tour is an umbrella organization of  
Sri Lanka Ecotourism Foundation)






'...explore **Sri Lanka**  
in its best **natural**  
**perspective**  
and  
**ecofriendly way...**  
while **saving**  
**your hard earned money...**

A few ecofriendly and cost effective tour  
packages exclusively developed for  
discerning lovers to Sri Lanka

\*(For all tours, the number of visitors will not exceed 07-10)





## **Our specialties**

We use local transports, ecofriendly locally owned accommodation facilities in home stays, small locally owned guest houses, camp sites etc. Employing local village guides (in addition to the National Tour Guides), using bicycles and encourage walking tours, offer local traditional cuisine such organic food.

## Why we offer these tour packages and ecofriendly tours to the international and domestic tourists?

COVID-19 restrictions have effectively stopped economies around the world and the global economy is expected to enter a recession in 2020-2022. Sri Lanka is no exception in this crisis.

Subsequently, Sri Lanka economic situation has aggravated following the Easter Sunday Terror attack in 21 April 2019 and added more complex issues with internal political and economic crisis.

Assessing the current situation, we are of the view that Sri Lanka cannot expect millions of tourists to visit Sri Lanka in the years ahead in big groups. Future, tourists, both from Western Europe and the Asia- Pacific Region would prefer to travel in small groups similar to that of FITs (Free Individual Travellers) and they will take extra care on their health, safety and wellness while travelling and stay in accommodations.

Certainly would think of avoiding travelling in big coaches and visiting crowded tourism sites. When it comes to accommodation they would prefer to stay in locally owned eco-friendly villas, ecolodges, nature, cabanas, home stays camping accommodations etc.

The visiting tourists would give preference to activities such as nature, wildlife, bird watching, spiritual Tourism such as yoga, meditation, learning of Buddhism, Hinduism etc. and practicing of indigenous Ayurveda systems based on typical Sri Lankan concept such as 'Weda Gedara' (Native physicians' home'), traditional Sri Lanka culture and their way of life, agro tourism etc. When it comes for food they would much prefer to have local cuisine and traditional organic foods.

These tourists are belongs to the category of 'Responsible Tourists' or 'Eco Tourists' who are respecting the nature, culture, biodiversity and assuring of community benefits when visiting at their travel destinations. High spending, nature loving, responsible tourists are undoubtedly attractive options for governments looking for ways of earning scarce foreign exchange through tourism.



# Package Tour - 1

## South West Coast (from Negombo to Kalpitiya)

### Day - 1

Arrival at the International Air Port and transfer to an ecofriendly guest house / Home stay in Negombo. Relax at the accommodation. In the afternoon, if time permits visit Negombo Fishing Harbour/Market and city tour by bicycles.

### Day - 2

In the morning, after breakfast take public transport/train to (Palavi) near Puttalam and then to Kalpitiya.

Explore Kalpitiya; Activities; Kite surfing, Whale/Dolphin watching, fishing and angling, visiting nearby islands, sand dunes, mangrove forests by motor boats (partly using bicycles / walking tours)

*(Optional accommodations possible; 'Gange Wadiya', beautiful small island resort located close to Kalpitiya lagoons)*

### Tour costs include;

Cost of train/bus to Negombo, Puttalam, Kalpitiya

Home stay / Guest House accommodations at Negombo / Kalpitiya

Cycle rentals

Boat tour costs for whale/dolphin watching and exploring surrounded islands

Naturalists / Guide fees





# Package Tour - 2

## South Coast

(from Kalpitiya to Weligama)

(the following tours are all optional extensions from South West Coast)

### Day - 3

Tour commences after breakfast at Kalpitiya

Leave to Weligama (close to Unawatuna and Mirissa beaches) by train/air-conditioned public transport

Mid-day; Arrive at Weligama

Transfer to Home Stay for overnight stay; (Nalaka Relaxing Home / similar homestays in the area)

### Excursions around Weligama

Visit Weligama Bay view point.

Mirissa fish market

Whale and dolphin watching (Optional; at Mirissa) (Journey start from 6am from homestay and come 12.30pm)

Koggala lake / Air Field used in the World War-2

Cinnamon island by motor boat to see the real cinnamon production in process.

Surfing at Weligama beach, snorkeling and diving

Visit Handungoda tea factory and turtle hatchery.

Visit Thelijawila snake farm and batik factory.

### LEISURE & ADVENTURE

Weligama Bay is an ideal location to learn dive & snorkeling experience. Snorkeling and scuba diving with qualified PADI dive instructors. (4 hour course)

Snorkeling with instructor( 2 hours course)

According to the swimming ability of the visitor can choose a deep diving course

Surfing lessons at Weligama Bay Beach.

Pottery demonstration

Visit Galle Dutch fortifications and museums

Martin Wickramasinghe Folk Museum Very valuable experience for children and sociologists)





# Package Tour - 3

## Deep South

(from Weligama to Hambantota)

(the following tour is optional extensions from Weligama to Deep South)

Deep South Tour, included in the tour itinerary

Hambantota, Tissamaharamaya, Kataragama, Bundala and Yala National Parks.

### Deep South- around Hambantota

#### Overview

City of Hambantota, one of the most important provincial capitals is located in Deep South, Southern Province of Sri Lanka, approximately 200 KMS from Colombo, and the commercial capital of Sri Lanka. During the period of ancient kings of Sri Lanka, the region around Hambantota was known as 'Magampura', was the center of liberation movement led by kings against the foreign invaders who occupied Sri Lanka. The region was once the center of a prospering civilization in Sri Lanka, played a pivotal role in building the nation and nurturing its Buddhist culture. Currently, Hambantota is a well-developed city with good road network connected through expressways with other parts of Sri Lanka, an International Airport, International sea port, International Convention Center and a luxury hotel network.

The tourists feel fascinated by the panoramic views of the natural beauty of Hambantota. They also find the best opportunity to discover the flora and fauna in the natural habitat in this area. Also famous the city as the salt capital of Sri Lanka, the biggest producer of salt in the country.





# Package Tour - 3

## Deep South

(from Weligama to Hambantota)

(the following tour is optional extensions from Weligama to Deep South)

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Hambantota, Tissamaharamaya, Kataragama, Bundala and Yala National Parks.

### Day - 1

Morning, after breakfast, leave to Hambantota by Public Transport (AC bus)

Midday arrive at Hambantota, transfer to Homestay / Ecolodge

After lunch, commencing a City Tour by bicycles. Visit

Hambantota Port, International convention Centre

Air Port, Safari Park, Saltern (Cycle/walking tours)

Ridiyagama Safari Park *(similar to that of Safari World-Thailand)*

Dry zone Botanical Gardens

Birds Research Center & Resort

Agro Technology Park

### Day - 2

After breakfast, visits to Mulkirigala

### Day -3

Morning after breakfast proceeds to Tissamaharamaya

Explore historic Ruhunu-Magampura culture and heritage by bicycles

Accommodation; Homestay at Tissa

### Day-04

Morning; Visit Yala National Park

Evening (Optional) Bundala National Park; Ramsar wetlands

Evening visit; Kataragama Skanda Shrine in time for evening rituals (Pooja)

Overnight accommodation at Homestay at Tissa





# Package Tour - 4

## Ella

(from Kalpitiya to Weligama)

(the following tours are all optional extensions from Hambanthota)

### Day - 1

After breakfast, take AC Bus Transport to Ella from Tissamaharamaya

Visit Ella and Haputale; (Tea Plantations, Water Falls etc.)

### What to see in Ella-Haputale?

Haputale located at an elevation of 1431 m above the sea level. The area has a rich bio-diversity dense with numerous varieties of flora and fauna. Haputale is surrounded by hills covered with cloud forests and tea plantations. Although there is much more to do in Ella, there is one other thing that makes Haputale so worth visiting. And that's the fact it's actually closer than Ella to some of the best things to do in the area. Despite being a small town, there are actually a ton of awesome things to do in Haputale/Ella in Sri Lanka.

Not to miss attractions in Ella and Haputale

Walk the tea fields from Lipton Seat to Dambatenne Tea Factory

Haputale viewpoint; Enjoy panoramic views of Deep South

Short Train ride to Ella and Idalgashinna

Visit, Bambarakanda Water Falls, the largest in Sri Lanka

Picnic Lunch





# Package Tour - 5

## Nuwara Eliya

(from From Ella/Haputale to Nuwara Eliya)  
(the following tours are all optional extensions from Ella/Haputale)

### Day - 1

From Ella/Haputale take public transport to Nuwara Eliya city.

Arrival at Nuwara Eliya- Midday. Accommodation; At a Plantation Bungalow

### What to see in Nuwaraeliya

City tours by cycles/walking

Gregory Lake

Hakgala Gardens

Seetha Devi Temple (Ramayana epic/legends)

Victoria Park

Anglican church/ World War 02 memorial

### Day - 2

Early morning visit Worlds End (By Jeep), with picnic breakfast

Evening; visit Beer Factory (Lion/Calsburg) and public beer bar in the city

Overnight stay; Plantation bungalow





# Package Tour - 6

## Kandy

(from From Nuwara Eliya to Kandy)

(the following tours are all optional extensions from Nuwara Eliya)

### Day - 3

Taking public transport through Ramboda Pass to Kandy to enjoy most scenic mountain views and water falls, High Grown Tea Gardens in Sri Lanka

Bus stops at Ramboda Water Falls for an optional dip in natural pool in the water fall

Lunch

After lunch take the bus to Kandy, the hill capital of Sri Lanka  
Arrival of Kandy in the evening; Transfer to a Homestay located at an Organic Farm close to the Mahaweli River, the longest river in Sri Lanka

### Kandy; Overview

Kandy is the most beautiful city in Sri Lanka. It is one of the eighth UNEESCO World Heritage sites. This sacred Buddhist site, popularly known as the city of Senkadagalapura, was the last capital of the Sinhala kings whose patronage enabled the Sinahala culture to flourish for more than 2,500 years until the occupation of Sri Lanka by the British in 1815. It is also the site of the Temple of the Tooth Relic (the sacred tooth of the Buddha), which is a famous pilgrimage site and the most photographed Buddhist religious site in the world!.

### What to see in Kandy

Temple of Tooth

Royal Botanical Gardens

University of Ceylon, Peradeniya

Embakke, Lankatilaka, and Gadaladeniya temples

Witness Cultural Show in Kandy





# Package Tour - 7

## Cultural Triangle

(From Kandy to Cultural Triangle )

(the following tours are all optional extensions from Kandy)

### Day - 1

Take public Transport to Habarana, hub of the Cultural Triangle;

Transfer the group the Homestay

It is very easy to explore the Sites of Cultural Triangle based in Habarana, Dambulla, Sigiriya by bicycles Except to the visit of Polonnaruwa, the medieval capital and to see the most interesting Buddhist archaeological ruins, nick named as "Poem in Stone"

### What to see in Kandy

Visit Minneriya/Kawdulla National Parks by jeeps

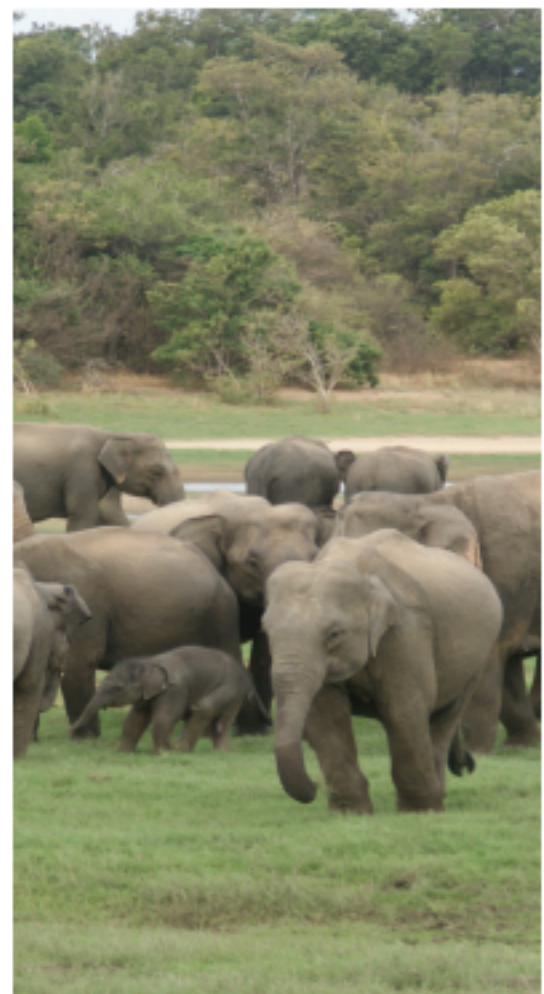
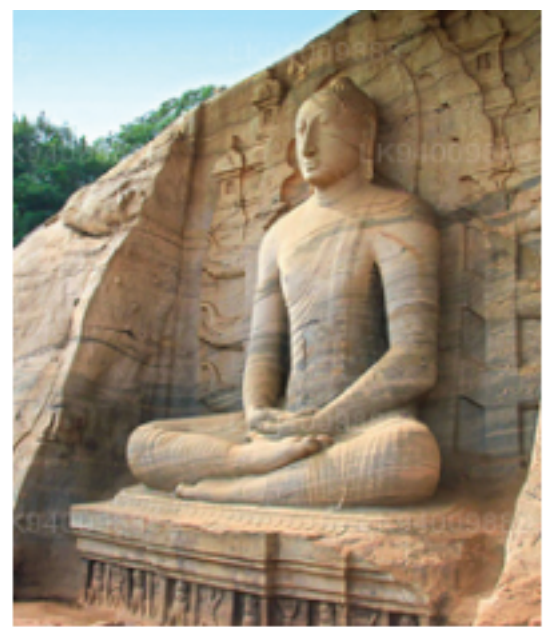
Visit Birds Nature Park at Huruluwewa

Take a Village Tour Bullock carts


Climb Sigiriya Rock, another UNESCO World Heritage site

Visit Dambulla Rock Temple, another UNESCO World Heritage site

The IFS-Popham Arboretum, Sri Lanka's only dry zone arboretum was established over five decades ago on 7.5 acres of thorny scrub jungle and abandoned 'Chena' land in Dambulla which is in the geographical center of our island, where history and culture merge amidst a natural landscape







### **End of the tour program**

**Depending on the plans of the visitors they are free to travel or an extended stays in Sri Lanka as they wish. We arrange transport for them back to Colombo / International Airport by public Transports**

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**[www.aprec.asia](http://www.aprec.asia)**

**15-16, 'Water Front', Kahapola, Madapatha, Sri Lanka**